



SCHOEN CLINIC
Centre for Mental Health
Chelsea



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**Our leading London mental
health and wellbeing clinic,**
for children and adults



Welcome to Schoen Clinic Chelsea

Opened in 2018, Schoen Clinic Chelsea is a modern and welcoming private mental health and wellbeing clinic in the heart of the Royal Borough of Kensington & Chelsea, discreetly located just off the King's Road.

Part of the **award-winning** Schoen Clinic UK Group, Schoen Clinic Chelsea welcomes both self-funding and privately insured patients offering specialised treatments for a wide variety of mental health conditions, including eating disorders. Age ranges treated are from 5 years+, through to adults of all ages.

Schoen Clinic Chelsea has a wide range of treatments and therapies on offer, delivered by an expert multidisciplinary team of psychiatrists, psychologists, therapists, nutritionists and mental health experts working together to deliver the best possible recovery outcome for the patient.

The clinic also offers several carefully designed therapeutic groups for adults including mindfulness, yoga, recovery and relapse prevention, schema therapy, assertiveness and self-esteem, stress management and mind and body connection.

Starting with an initial assessment, Schoen Clinic Chelsea offers patients a range of therapy services using a personalised and tailored blend of in-person and online appointments, treatment programmes, practical skills workshops and one-to-one and group therapies.

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Treatments and services

at Schoen Clinic Chelsea

Conditions treated

- Addictions
- Anorexia Nervosa
- Attachment disorder
- Attention Deficit Hyperactivity Disorder (ADHD)
- Autism Spectrum Disorder (ASD)
- Behavioural difficulties
- Bereavement and loss
- Bipolar disorder
- Body Dysmorphic Disorder (BDD)
- Bulimia Nervosa
- Burnout
- Cancer-related mental health
- Depression
- Disordered sleeping
- Divorce and separation
- Fertility-related mental health
- Generalised Anxiety Disorder (GAD)
- Health anxiety
- Homesickness and expat identity
- Obsessive Compulsive Disorder (OCD)
- Other Specified Feeding or Eating Disorders (OSFED)
- Panic disorders
- Parenting
- Personality disorders
- Phobias
- Pregnancy and childbirth-related mental health
- Resilience and self-esteem
- Social anxiety
- Stress management
- Trauma





Therapy, groups and programmes

- Acceptance and Commitment Therapy (ACT)
- Art & creative therapy
- Assertiveness/Finding My Voice
- CBTe
- Cognitive Behavioural Therapy (CBT)
- Conflict Resolution
- Counselling
- Compassion-Based Therapy
- Dialectical Behaviour Therapy (DBT)
- Embodied psychotherapy
- Eye Movement Desensitisation and Reprocessing (EMDR) - including the Flash technique
- Exposure and Response Prevention (ERP) therapy
- Group therapy
- MANTRA therapy (for anorexia)
- Mental health treatment programme (adults)
- Metacognitive Therapy (MCT)
- Mindfulness
- Mindfulness-Based Interventions (MBIs)
- Occupational Therapy (OT)
- Relationship therapy & couples counselling
- Resilience & growth
- Soundbath
- Speech & Language Therapy
- Systemic family therapy
- Yoga therapy

Assessments

- Adult mental health assessments
- ADHD assessments (adults & children)
- Autism Spectrum Disorder (ASD) Assessments (adults & children)
- CAMHS mental health assessments

Adult specialists

Psychiatry



Dr James Woolley
MENTAL HEALTH
Consultant
Psychiatrist & ADHD
& Cancer Specialist



Dr Divina Pillay
MENTAL HEALTH & EATING DISORDERS
Consultant
Psychiatrist



Dr Daniel Masud
MENTAL HEALTH
Consultant
Psychiatrist &
Addictions & ADHD
Specialist



Dr Margherita Tanzarella
MENTAL HEALTH
Consultant
Psychiatrist &
ADHD Specialist



Dr Adrienne Key
MENTAL HEALTH & EATING DISORDERS
Consultant
Psychiatrist



Dr Sara McCluskey
MENTAL HEALTH & EATING DISORDERS
Consultant
Psychiatrist



Dr Ashish Arora
MENTAL HEALTH
Consultant
Psychiatrist

Psychology



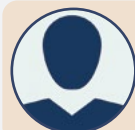
Dr Katherine Coutsoudis
MENTAL HEALTH
Chartered
Psychologist



Dr Bradley Powell
MENTAL HEALTH
Clinical
Psychologist



Magdalena Garcia
MENTAL HEALTH
Clinical
Psychologist
& Integrative
Psychotherapist



Dr Irem Aksu
MENTAL HEALTH & EATING DISORDERS
Counselling
Psychologist



Dr Sofia Likhacheva
MENTAL HEALTH & EATING DISORDERS
Counselling
Psychologist
& Integrative
Psychotherapist

Psychotherapy



Gabriele McErlean
MENTAL HEALTH & EATING DISORDERS
Lead
Psychotherapist



Lorraine Green
MENTAL HEALTH
Psychotherapist



Eva Mylona
MENTAL HEALTH
Psychotherapist



Pilar Isla Rodriguez
MENTAL HEALTH & EATING DISORDERS
Psychotherapist



Zoe Laxton
MENTAL HEALTH
Psychotherapist



Brenda Naso
MENTAL HEALTH & EATING DISORDERS
Psychotherapist



Darja Lee
MENTAL HEALTH
Integrative
Psychotherapist



Kristin McCarthy
MENTAL HEALTH
Integrative
Psychotherapist



Camilla Simpson
MENTAL HEALTH & EATING DISORDERS
Integrative
Psychotherapist



Georgia Mancroft
MENTAL HEALTH & EATING DISORDERS
Integrative
Psychotherapist



Isabelle Nussbaum
MENTAL HEALTH & EATING DISORDERS
Integrative
Counsellor &
Psychotherapist



Emma Johnson
MENTAL HEALTH & EATING DISORDERS
Principle
Systemic Family
Psychotherapist



Emily Herbert
MENTAL HEALTH
Art
Psychotherapist

Specialists in orange box also treat children.





Child & adolescent specialists

Psychiatry



Dr Hazel Fernandes
MENTAL HEALTH & EATING DISORDERS
Consultant Child & Adolescent Psychiatrist



Dr Rashmi Verma
MENTAL HEALTH
Consultant Child & Adolescent Psychiatrist- ADHD & ASD Specialist



Dr Gil Myers
MENTAL HEALTH
Consultant Child & Adolescent Psychiatrist

Psychology



Dr Katherine Coutsoudis
MENTAL HEALTH
Chartered Psychologist



Dr Bradley Powell
MENTAL HEALTH
Clinical Psychologist



Magdalena Garcia
MENTAL HEALTH
Clinical Psychologist & Integrative Psychotherapist



Dr Irem Aksu
MENTAL HEALTH & EATING DISORDERS
Counselling Psychologist



Dr Sofia Likhacheva
MENTAL HEALTH & EATING DISORDERS
Counselling Psychologist & Integrative Psychotherapist

Psychotherapy



Annika Ancverina
MENTAL HEALTH & EATING DISORDERS
Integrative Child & Adolescent Counsellor



Emma Johnson
MENTAL HEALTH & EATING DISORDERS
Principle Systemic Family Psychotherapist



Brenda Naso
MENTAL HEALTH
Psychotherapist



Georgia Mancroft
MENTAL HEALTH & EATING DISORDERS
Integrative Psychotherapist

Other specialties



Dr Joe Datt
PAEDIATRICS
Consultant Neurodevelopmental Paediatrician



Michelle Knowles
MENTAL HEALTH & EATING DISORDERS
Specialist Occupational Therapist



Diana Badare
MENTAL HEALTH & EATING DISORDERS
Nutrition/Dietetics



Amrita Mahal
SPEECH AND LANGUAGE THERAPY
Advanced Speech & Language Therapist

Specialists in orange box also treat Adults

Award winning

The Schön Klinik Group was founded in 1985 and has since developed into Germany's fifth-largest privately-owned hospital group. It currently treats 300,000+ patients annually at 55 hospitals and clinics across Germany and the UK. Schön Klinik has remained a trusted and reputable provider of mental health care in Germany and is known for its high quality services, expert staff and commitment to innovation and research.

Schoen Clinic UK Group offers innovative treatments for mental health conditions and eating disorders on an outpatient basis, and residential and nursing care for those living with dementia.

We pride ourselves on being able to provide people with fast access to high quality care, with minimal waiting times to start treatment.

Our purpose is to provide the most effective mental health care possible, helping people to feel better and recover faster. With our groups' 37+ years of experience treating mental health conditions, we have a longstanding reputation for providing highly specialised mental health care, both in the UK and internationally.

Also in the UK is Wellen Court, Schoen Clinic York, our purpose-built care home in the North of England, offering residential and nursing care for adults living with with dementia.

Our presence is international:

- 17 hospitals and 38 outpatient clinics across Germany and the UK
- Treating over 300,000 patients each year
- Employing over 13,600 colleagues
- Employing many of our world-leading Consultants
- Highly specialised multidisciplinary teams
- Nationally and internationally recognised for clinical outcome excellence
- Continuously reinvesting into our facilities, colleagues and technology.





Inside

Schoen Clinic Chelsea

We welcome visitors regularly at Schoen Clinic Chelsea and are always pleased to show people around our bright, modern and welcoming London clinic. You can rely on a warm welcome from every member of our team, who are always on hand to help.



Meet the senior team



Marco Burman-Fourie

Clinic Director

Marco joined Schoen Clinic in November 2023 bringing a wealth of experience. He is responsible for the clinical and operational management of Schoen Clinic Chelsea.



Isabelle Wood

Therapy Services Manager

Isabelle has extensive experience in mental healthcare, and enjoys helping patients access the full range of therapies on offer.



Sonia Wright

Operations Manager

Sonia brings a wealth of experience in healthcare operations and patient services. Before joining the clinic in 2025, she held senior roles at One Health Lewisham, Doccla, LloydsDirect and Doctor Care Anywhere, where she led service improvements, streamlined processes, and supported teams to deliver outstanding patient care.



Finding Schoen Clinic Chelsea

We are situated on Radnor Walk, just off King's Road in Chelsea. We are an 8-10 minute walk from Sloane Square underground station and well served by local bus routes and taxis.

While there is no on-site parking available at Schoen Clinic Chelsea, there are a number of nearby car parks within walking distance.

Accessing care at Schoen Clinic Chelsea

We like to make accessing our services as easy as possible. If you or someone you know needs our help, please reach out to our friendly team using the details below:

Telephone: 0203 146 2300

Referrals and enquiries:
che-privateenquiries@schoen-clinic.co.uk

Website: schoen-clinic.co.uk/chelsea

Address: Schoen Clinic Chelsea,
13a Radnor Walk, London, SW3 4BP.

We welcome self-funding clients and those privately insured with Bupa, Bupa Global, Healix, WPA, Cigna International, Aviva, Vitality, AXA Health, Allianz, Health Partners Europe and General & Medical.





Follow us on socials



Schoen Clinic Chelsea is part of the Schoen Clinic UK Group



schoen-clinic.co.uk