



SCHOEN CLINIC
Centre for Mental Health
Chelsea



Our leading London mental health and wellbeing clinic, for children and adults

A very warm welcome to Schoen Clinic Chelsea

Opened in 2018, Schoen Clinic Chelsea is a modern and welcoming private mental health and wellbeing clinic in the heart of the Royal Borough of Kensington & Chelsea, discreetly located just off the King's Road.

Part of the multi-award-winning Schoen Clinic UK Group, Schoen Clinic Chelsea welcomes both self-funding and privately insured patients offering specialised treatments for a wide variety of mental health conditions, including eating disorders.

Age ranges treated are from 5 years+, through to adults of all ages.

Schoen Clinic Chelsea has a wide range of treatments and therapies on offer, delivered by an expert multidisciplinary team of psychiatrists, psychologists, therapists, nutritionists and mental health experts working together to deliver the best possible recovery outcome for the patient.

The clinic also offers several carefully designed therapeutic groups for adults including mindfulness, yoga, recovery and relapse prevention, schema therapy, assertiveness and self-esteem, stress management and mind and body connection.

Starting with an initial assessment, Schoen Clinic Chelsea offers patients a range of therapy services using a personalised and tailored blend of in-person and online appointments, treatment programmes, practical skills workshops and one-to-one and group therapies.

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Part of an international hospital group

The Schön Klinik Group was founded in 1985 and has since developed into Germany's fifth-largest privately-owned hospital group. It currently treats 300,000+ patients annually at 46 hospitals and clinics across Germany and the UK. Schön Klinik has remained a trusted and reputable provider of mental health care in Germany and is known for its high quality services, expert staff and commitment to innovation and research.

Schoen Clinic UK Group offers innovative treatments for mental health conditions which are not always available via the NHS. We pride ourselves on being able to provide people with fast access to high quality healthcare, with minimal waiting times to start treatment.

Our purpose is to provide the most effective mental health care possible, helping people to feel better and recover faster. With our groups' 37+ years of experience treating mental health conditions, we have a longstanding reputation for providing highly specialised mental health care, both in the UK and internationally.

Schoen Clinic York is an 84-bed facility in the North of England offering highly specialised inpatient treatment for adults with eating disorders.

In September 2024, Wellen Court opened at Schoen Clinic York, a specialised dementia care home with nursing for mild to complex dementia.

Our presence is international:

- 46 hospitals and clinics across Germany and the UK
- Treating over 300,000 patients each year
- Employing over 11,000 colleagues
- Employing many of our world-leading Consultants
- Highly specialised multidisciplinary teams
- Award-winning facilities
- Nationally and internationally recognised for clinical outcome excellence
- Continuously reinvesting into our facilities, colleagues and technology.





Treatments and services at Schoen Clinic Chelsea

Conditions treated

- Addictions
- Anorexia Nervosa
- Attachment disorder
- Attention Deficit Hyperactivity Disorder (ADHD)
- Autism Spectrum Disorder (ASD)
- Behavioural difficulties
- Bereavement and loss
- Bipolar disorder
- Body Dysmorphic Disorder (BDD)
- Bulimia Nervosa
- Burnout
- Cancer-related mental health
- Depression
- Disordered sleeping
- Divorce and separation
- Fertility-related mental health
- Generalised Anxiety Disorder (GAD)
- Health anxiety
- Homesickness and expat identity
- Obsessive Compulsive Disorder (OCD)
- Other Specified Feeding or Eating Disorders (OSFED)
- Panic disorders
- Parenting
- Personality disorders
- Phobias
- Pregnancy and childbirth-related mental health
- Resilience and self-esteem
- Social anxiety
- Stress management
- Trauma

Therapy, groups and programmes


- Acceptance and Commitment Therapy (ACT)
- Art & creative therapy
- Assertiveness/Finding My Voice
- CBTe
- Cognitive Behavioural Therapy (CBT)
- Conflict Resolution
- Counselling
- Compassion-Based Therapy
- Dialectical Behaviour Therapy (DBT)
- Embodied psychotherapy
- Eye Movement Desensitisation and Reprocessing (EMDR) - including the Flash technique
- Exposure and Response Prevention (ERP) therapy
- Group therapy
- MANTRA therapy (for anorexia)
- Mental health treatment programme (adults)
- Metacognitive Therapy (MCT)
- Mindfulness
- Mindfulness-Based Interventions (MBIs)
- Occupational Therapy (OT)
- Relationship therapy & couples counselling
- Resilience & growth
- Soundbath with Poppy Ansell
- Speech & Language Therapy
- Systemic family therapy
- Yoga therapy with Lucy Eagle

Assessments

- Adult mental health assessments
- ADHD assessments (adults & children)
- Autism Spectrum Disorder (ASD) Assessments (adults & children)
- CAMHS mental health assessments

Adult Specialists

Psychiatry

Dr James Woolley
Consultant
Psychiatrist &
ADHD & Cancer
Specialist

Mental Health

Dr Divina Pillay
Consultant
Psychiatrist

Mental Health & Eating Disorders

Dr Tara Tofiq
Consultant
Psychiatrist

Mental Health

Dr Daniel Masud
Consultant
Psychiatrist &
Addictions & ADHD
Specialist

Mental Health

Dr Greg Shields
Consultant
Psychiatrist &
Cancer Specialist

Mental Health

Dr Margherita Tanzarella
Consultant
Psychiatrist &
ADHD Specialist

Mental Health

Dr Joan Brunton
Consultant
Psychiatrist

Mental Health

Dr Adrienne Key
Consultant
Psychiatrist

Mental Health & Eating Disorders

Dr Sara McCluskey
Consultant
Psychiatrist

Mental Health & Eating Disorders

Dr Ashish Arora
Consultant
Psychiatrist

Mental Health & Eating Disorders

Psychology

Dr Katherine Coutsoudis
Chartered
Psychologist

Mental Health

Magdalena Garcia
Clinical
Psychologist

Mental Health & Eating Disorders

Psychotherapy

Gabriele McErlean
Lead
Psychotherapist

Mental Health & Eating Disorders

Lorraine Green
Psychotherapist

Mental Health

Eva Mylona
Psychotherapist

Mental Health

Pilar Isla Rodriguez
Psychotherapist

Mental Health & Eating Disorders

Darja Lee
Integrative
Psychotherapist

Mental Health

Kristin McCarthy
Integrative
Psychotherapist

Mental Health

Isabelle Nussbaum
Integrative
Counsellor &
Psychotherapist

Mental Health & Eating Disorders

Emma Johnson
Principle
Systemic Family
Psychotherapist

Mental Health & Eating Disorders

Sofia Likhacheva
Integrative
Psychotherapist

Mental Health & Eating Disorders





CAMHS Specialists

Psychiatry

Dr Hazel Fernandes
Consultant Child
& Adolescent
Psychiatrist



Mental Health & Eating Disorders

Dr Rashmi Verma
Consultant Child
& Adolescent
Psychiatrist-ADHD
& ASD Specialist



Mental Health

Dr Gil Myers
Consultant Child
& Adolescent
Psychiatrist



Mental Health

Psychology

Magdalena Garcia
Clinical
Psychologist



Mental Health & Eating Disorders

Psychotherapy

Emma Johnson
Principle
Systemic Family
Psychotherapist



Mental Health & Eating Disorders

Sofia Likhacheva
Integrative
Psychotherapist



Mental Health & Eating Disorders

Annika Ancverina
Integrative Child
& Adolescent
Counsellor



Mental Health & Eating Disorders

Other Specialties

Diana Badare
Nutrition/Dietetics



Adult & CAMHS
Eating Disorders

Michelle Knowles
Specialist
Occupational
Therapist



Adult & CAMHS
Mental Health & Eating Disorders

Gail O'Brien
CYP Primary
Therapist



Adult & CAMHS
Eating Disorders

Amrita Mahal
Advanced Speech
& Language
Therapist



Adult & CAMHS
Speech & Language Therapy

Dr Joe Datt
Consultant
Neurodevelopmental
Paediatrician



CAMHS
General Paediatrics



Inside Schoen Clinic Chelsea

We welcome visitors regularly at Schoen Clinic Chelsea and are always pleased to show people around our bright, modern and welcoming London clinic. You can rely on a warm welcome from every member of our team, who are always on hand to help.

Meet the senior team

Marco Burman-Fourie

Clinic Director

Marco joined Schoen Clinic in November 2023 bringing a wealth of experience. He is responsible for the clinical and operational management of Schoen Clinic Chelsea.



Isabelle Wood

Therapy Services Manager

Isabelle has extensive experience in mental healthcare, and enjoys helping patients access the full range of therapies on offer.



Pam Tincello

Operations Manager

Pam brings over 6 six years of management experience and over 10 years' experience in private healthcare. Pam is dedicated to improving and streamlining day-to-day operations for both colleagues and patients.



Finding Schoen Clinic Chelsea

We are situated on Radnor Walk, just off King's Road in Chelsea. We are an 8-10 minute walk from Sloane Square underground station and well served by local bus routes and taxis.

While there is no on-site parking available at Schoen Clinic Chelsea, there are a number of nearby car parks within walking distance.

Accessing care at Schoen Clinic Chelsea

We like to make accessing our services as easy as possible. If you or someone you know needs our help, please reach out to our friendly team using the details below:

Telephone: 0203 146 2300

Referrals and enquiries:
che-privateenquiries@schoen-clinic.co.uk

Website: schoen-clinic.co.uk/chelsea

Address: Schoen Clinic Chelsea,
13a Radnor Walk, London, SW3 4BP.

Funding methods accepted: Self-funding patients and privately insured patients from BUPA, Healix, WPA, AXA, Cigna, Aviva and Vitality.





SCHOEN
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GROUP

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Schoen Clinic Chelsea is part of the Schoen Clinic UK Group



schoen-clinic.co.uk