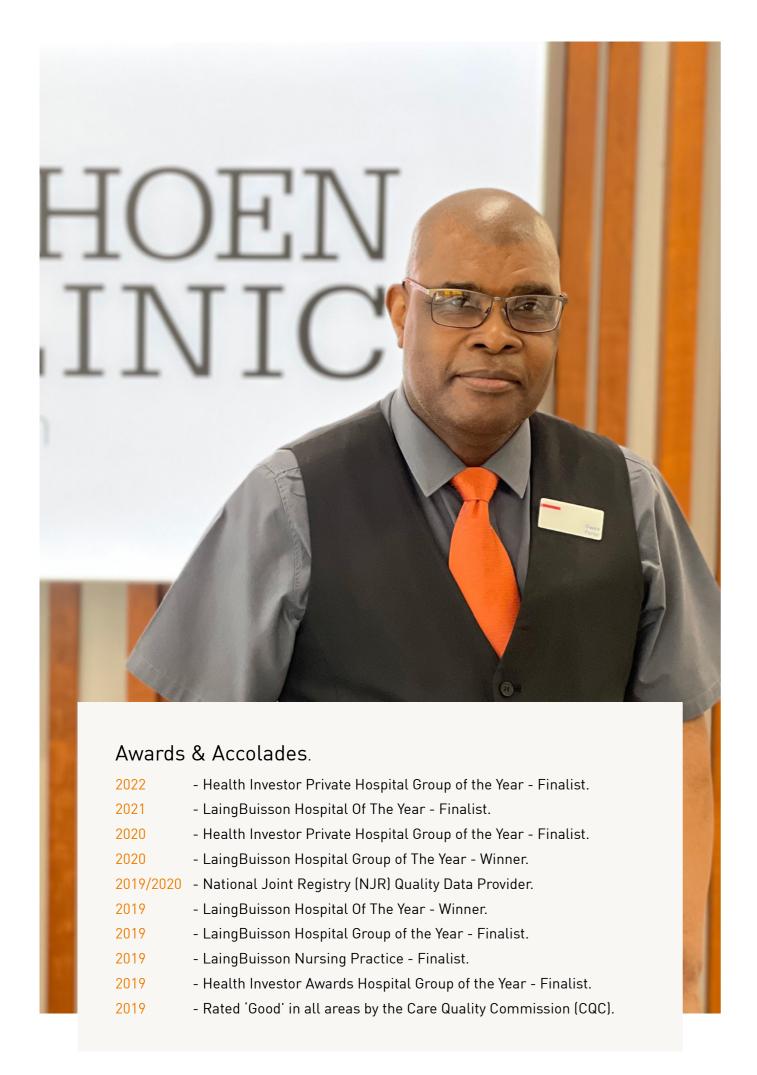


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2 schoen-clinic.co.uk/london International Patients at Schoen Clinic London



# Schoen Clinic Orthopaedic & Spinal Hospital London

## - The LaingBuisson Hospital of the Year 2019

Schoen Clinic Orthopaedic and Spinal Hospital London is an award winning super-specialised hospital for adults with orthopaedic, spine and sports and exercise medicine conditions and those experiencing chronic pain. We are at the forefront of modern medicine and our world-class experts provide highly specialised treatment and outstanding clinical care.

We are focussed on becoming a Centre of Excellence in the treatment of orthopaedic and spine conditions.

We choose to specialise in specific areas of healthcare because we believe this delivers the best possible clinical outcome. Our approach means patients benefit from an innovative total care pathway with rapid diagnostics and access to the right specialists, quickly, for all aspects of their treatment.

Our specialists work together as one multidisciplinary team, meaning they are in constant contact with each other to discuss patient progress. The team consists of Consultants, nurses, nurse consultants, surgical care practitioners, therapists, physiotherapists and other allied health professionals ensuring the patient remains at the centre of a team of experts to deliver the best possible clinical outcome.

Schoen Clinic London is open all year and our enhanced clinical offering includes Resident Consultant Intensive Care Physicians on site permanently, which is unique in the independent sector.

In addition, our experts constantly engage in clinical research and academic collaborations to be at the forefront of new technologies and treatments.



Stephen Smith Hospital Director



Dr Tim Wigmore Medical Director

# Schoen Clinic Orthopaedic & Spinal Hospital London

Opened in 2018, Schoen Clinic London is an independent, specialised orthopaedic and spinal hospital in central London located within the Harley Street Medical District in Marylebone. From diagnosis, non-surgical and surgical treatments to rehabilitation, we offer the entire treatment pathway for orthopaedic, spine and musculoskeletal (MSK) conditions – all under one roof. Our leading UK internationally renowned experts work together as a multidisciplinary team to deliver the fastest and best possible recovery to ensure patients get back to doing what they love sooner.

The hospital has 39 inpatient bedrooms with en-suite bathrooms, 8-daycase beds, 3 operating theatres, 5 high dependency unit beds and an Imaging Department with the full range of state of the art diagnostics.

### Our Experts Include:

- Neurosurgical, Orthopaedic and Spinal Surgeons
- Sports Physicians
- Physiotherapists
- Injury Specialists
- Interventional Radiologists
- Sports & Exercise Medicine Consultants
- Rheumatologists
- Neurophysiologists
- Resident Consultant Intensive Care Physicians
- Pain Management Consultants

#### Equipment

We invest in modern infrastructure from state-of-the-art operating theatres, low-radiation x-ray equipment to architecture to support the recovery process. This reinvestment model ensures we maintain a high standard of quality and services are always innovative and forward-thinking.

#### Services

Our internationally renowned experts offer world-class medicine with the highest standard of care. We offer conservative therapies as well as complex surgery with rapid assessment and comprehensive post-operative physiotherapy. We also offer rapid recovery programmes tailoring anaesthetics and pain relief to promote early pain-free mobilisation.

## Resident Consultant Intensive Care Physicians

We also offer an enhanced level of specialist medical care on the Ward with our in-house Consultant Intensive Care Physicians. Meaning, in the unlikely event of complications post-surgery, the highest level of clinical expertise is available 24 hours a day, 365 days a year.

Our internationally renowned experts offer world-class medicine with the highest standard of care.

# Welcoming International Patients Every Day

In addition to our medical excellence, we attach equal importance to the quality of our whole patient experience. Our multilingual International Liaison Managers help and assist patients and their families before, during and after their hospital stay with us.

Paying for treatment is easy. Competitive self-pay package prices are available for patients who are not insured or sponsored.

We aim to deliver an exceptional experience which is why we offer patient care more than just medical treatment. Our extensive experience in treating international patients means we understand the importance of making our patients feel as comfortable as possible by tailoring care to include cultural differences.

#### Patients Travel to Us From Around The World

Schoen Clinic London enjoys a worldwide reputation for clinical and safety excellence. Our highly qualified Consultants and nursing staff not only possess considerable experience in their respective specialty areas, they also have many years of experience in treating and helping international patients.

As a hospital, we have an extensive understanding of caring for patients from across the globe. Schoen Clinic London treats embassy, insured, sponsored and self-funding patients.

We know what is important to patients when they are away from home and we will do everything possible to help before, during and after the hospital stay.

Many of our staff are multi-lingual so patients can usually converse in their preferred language.



Siham Awadalla International Patient Liaison Manager

"I have great pleasure in assisting our overseas patients. I liaise with the patient and their families throughout their treatment journey with us." Siham Awadalla, International Liaison Manager

يسعدني كثيراً أن أساعد المرضى القادمين من خارج بريطانية. انا على اتصال بالمرضى وعائلاتهم طوال رحلة علاجهم معنا.

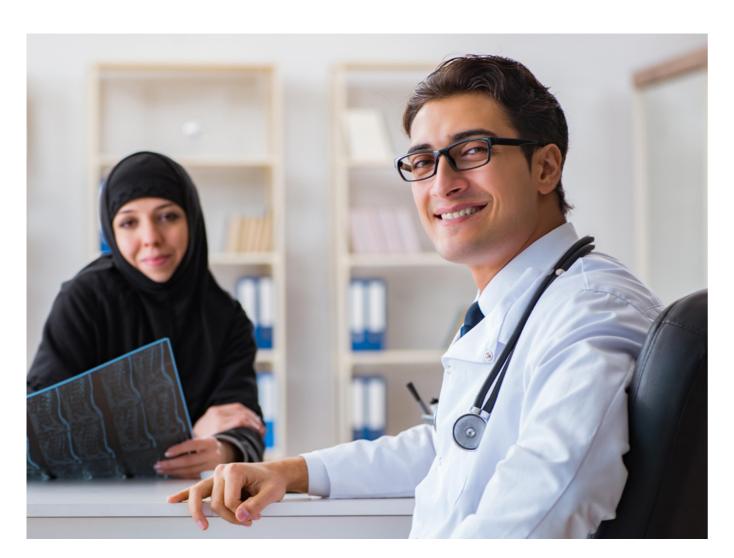


# Feeling at Home

We have dedicated International Liaison Managers there to support our international patients and their extended families for the entirety of their stay and we will be introducing a VIP Concierge Service in 2022.

Our International Liaison Managers pride themselves on their in-depth knowledge and appreciation of cultural needs, enabling the delivery of a customised and premium experience for our overseas visitors. Our colleagues speak multiple foreign languages including Arabic and are well acquainted with the expectations and needs of international patients.

From initial contact right through to discharge from hospital, our experienced International Liaison Managers manage the entire patient journey, providing cost estimates for treatment, organising clinical opinions on medical reports, liaising with Consultants and delivering a variety of concierge services.



#### The Benefits

- A VIP suite with discreet private access and accommodation for chaperones.
- International menus catering for all dietary requirements, including Halal and vegetarian, as well as an on-demand in-room dining service from a number of the finest local restaurants.
- Multi-faith prayer room and all religious requirements catered for.
- End-to-end case management for embassy clients, self-payers and insured patients.

- Interpreter services.
- Private transfer services.
- International television channels.
- Complimentary in-room WIFI and international newspapers (on request).
- Assistance with the 'Letter of Guarantee' process where appropriate.
- Liaison with embassies or third party sponsors regarding billing and any other issues.

## Reasons to Choose Schoen Clinic London

- Internationally renowned reputation.
- Super-specialising only in orthopaedic and spinal procedures.
- We were the first private healthcare provider in the UK to employ Consultants to work together in Multidisciplinary Teams for the discussion of complex cases and decisions on the best treatment for any patient.
- We rigorously collect and analyse patient treatment outcome data to drive continuous improvements and the very best treatments, based on the current evidence and research.
- Dedicated International Liaison Managers support our international patients throughout their stay.

#### International Insurers & Patients

We can assist members/insurers with the following services:

- Appointment with a GP/family doctor or allied health professional.
- · Appointment with an appropriate Consultant.
- Arranging hospital admission.
- The 'Letter of Guarantee' process.
- Liaising with Consultants regarding billing and any other issues.
- Providing bespoke case management for complex admissions.
- Interpreter services (where available).

We work with all major international insurers and continually develop new relationships in the market to ensure global access to our hospital from anywhere in the world.

#### Embassy/Government Sponsored Patients

Schoen Clinic London treats patients from all foreign embassies and government ministries including the Middle East and North Africa.

Feeling at Home schoen-clinic.co.uk/london International Patients at Schoen Clinic London Feeling at Home





## Initial Appointment

One of the benefits of private healthcare is being able to choose which Consultant to see. Learn more about our available Consultants at the end of this brochure.

The initial consultation includes a full medical history, a full examination and any tests or scans to support the conclusion of a diagnosis are usually carried out the same day.

#### The Hospital Stay

Not everyone feels completely at ease when faced with the prospect of spending time in hospital, but we endeavour to make the patient stay as comfortable and stress-free as possible.

Our large, deluxe private rooms include a widescreen TV, complementary WIFI, air conditioning, luxury toiletries and bath robes, a direct dial telephone and a private bathroom. Any additional requests will be catered for wherever possible.

Patients receive a menu every day with chef-selected choices for breakfast, lunch and dinner. These include vegetarian, gluten-free, halal and kosher options and we can cater for any other dietary requirements.

Room service is also available via delivery from our local (carefully chosen) partner restaurants. Family members may be able to join too – additional charges apply for both services.





# Starting Treatment

## For Embassy, Insured and Sponsored Patients

The embassy, insurance company or sponsor need to provide a letter of authorisation/guarantee.

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Once received, we will liaise directly with these bodies to arrange hospital visits and treatment.

## For Self-Funding Patients

Contact our International Patient
Liaison Team to discuss requirements,
prices and to arrange treatment.
Call +44 203 929 0809, email
lon-international@schoen-clinic.co.uk
or WhatsApp on 07729 119404.

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We will provide a bespoke quotation for treatment, including any premium services.

Send us any available clinical information such as medical reports, doctor's letters or test results.



10 Patient Journey International Patients at Schoen Clinic London Starting Treatment 11



## **Treatments**

#### Back and Spine

Our Consultant Neurosurgical & Spinal Surgeons treat spinal conditions from back pain to Scoliosis offering a comprehensive service, from prevention and conservative treatments to highly-specialised surgeries and rehabilitation. Our spine specialists combine their medical expertise, passion and commitment to providing the highest standard of care to return the patient to a better quality of life.

## Regular Conditions/Treatments

- Degenerative Disc Disease
- Deformity and Minimal Access Surgery
- Treatment of Degenerative Disorders
- Herniated Disc
- Kyphosis
- Neuropathic Pain
- Scoliosis
- Sciatica
- Spinal Disc Prolapse
- Spondylolisthesis
- Sports Injuries

- Adult Degenerative Scoliosis Fusions
- Balloon Kyphoplasty
- Caudal Epidural Injections
- Cervical Corpectomy
- Cervical Fusions
- Facet Joint Injections
- Microdiscectomy
- Nerve Root Blocks
- Revision Fusions
- Spinal Decompression
- Spinal Fusions

## Orthopaedics

Our Consultant Orthopaedic Surgeons offer rapid diagnosis and the latest evidence-based care to treat orthopaedic conditions.

Some of the orthopaedic procedures offered at Schoen Clinic London include:

## Upper Limb

- Arthroscopic Subacromial Decompression
- Carpal Tunnel Syndrome Treatment
- Elbow Arthroscopy
- Hand Surgery for Dupuytren's Contracture
- Hand and Wrist Ligament Reconstruction
- Rotator Cuff Surgery
- Elbow Replacement Surgery

- Shoulder Arthroplasty
- Shoulder Arthroscopy
- Shoulder Replacement Surgery
- Trigger Finger Treatment
- Ulnar Nerve Release Surgery
- Wrist Arthroscopy

#### Lower Limb

- ACL (Anterior Cruciate Ligament) Surgery
- Reconstruction Surgery
- Ankle Surgery
- Bunion Surgery Minimally Invasive (Keyhole) and Open
- High Tibial Osteotomy
- Computer Assisted Navigation Total Knee Replacement
- Hip Debridement Surgery
- Hip Injection Treatment

- Hip Resurfacing
- Hip PAO Surgery
- Hip Replacement Surgery
- Knee Arthroscopy
- Knee Injuries / Trauma
- Knee Replacement Surgery
- Lower Limb Reconstruction
- Malunion or Nonunion
- Fracture Surgery
- Osteotomy Surgery

## Leg Lengthening

Mr Ian Bacarese-Hamilton has extensive experience in Trauma and Orthopaedic Surgery and a long-standing interest in leg lengthening.

He is an expert in surgery for leg length inequality and helps patients with a length discrepancy. Recent improvements in surgical techniques and implant technology are making cosmetic increases in height a realistic option for those patients who want to be taller.

At Schoen Clinic London, we use the most cuttingedge technology available to offer surgery to precisely equalise leg length and restore balance. Modern techniques allow us to osteotomise the relevant bone, usually the femur, and then lengthen it to balance the patient.

 $\ensuremath{\mathsf{Mr}}$  Bacarese-Hamilton also performs bilateral leg lengthening.

## Pain Management

Our Pain Management Consultants are leaders in the field of pain management. From acute to chronic pain, back pain or otherwise, they help patients break the cycle of pain and assisting in reaching their full potential.

Our pain team work closely with other specialists as part of a multidisciplinary team to provide a holistic approach and optimal outcome to chronic pain, whatever the cause. The techniques used in pain management will depend on the nature and severity of the pain but our Consultants all have special expertise in spinal interventional procedures for back pain.

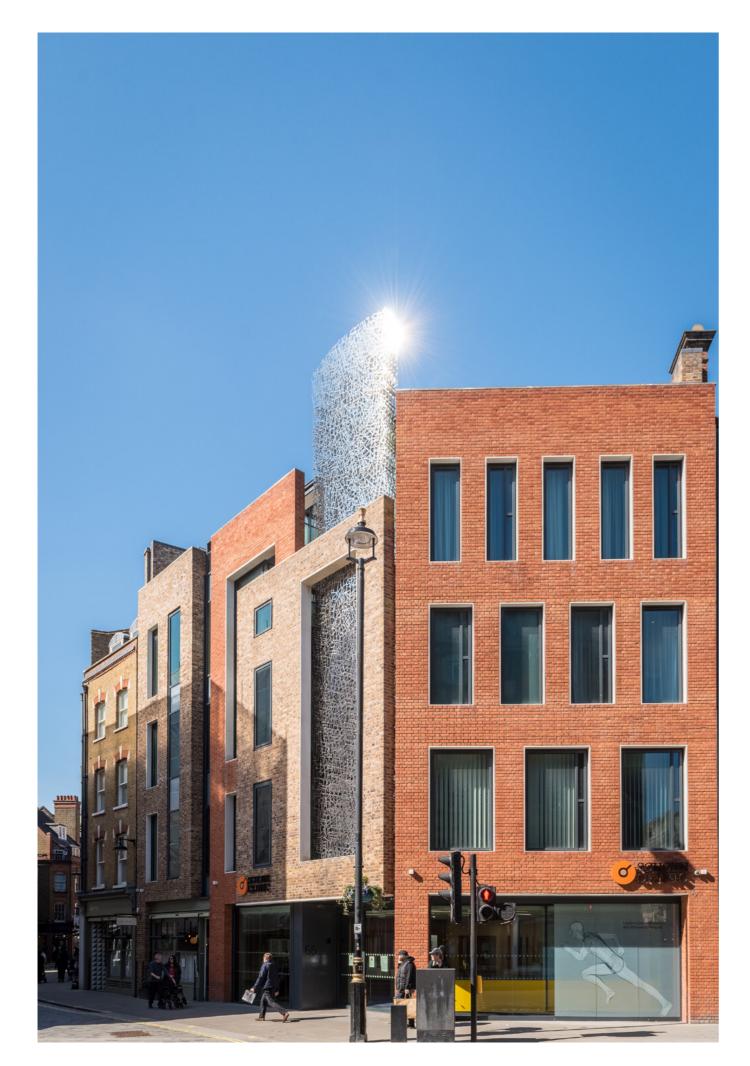
## Rheumatology

Our Consultant Rheumatologists provide care for a wide spectrum of patients from high-performance athletes to people with arthritis and musculoskeletal conditions. Services can be accessed as part of an integrated multidisciplinary treatment plan or as a separate specialty.

#### Sports & Exercise Medicine

Our Sport & Exercise Medicine Consultants and their team of associated physicians work in a multidisciplinary way along with physiotherapists, spinal Consultants, orthopaedic surgeons and other allied health professionals. They care for many elites sportspeople and their teams.

12 Treatments schoen-clinic.co.uk/london International Patients at Schoen Clinic London Treatments





## World-Renowned Specialists

Schoen Clinic London bolstered its expertise in Orthopaedic and Spinal care in 2021 with the introduction of the Director of Orthopaedics role and Director of Spine Surgery roles.

We have many Consultant experts available at Schoen Clinic London - all of which are featured here



Mr Sam Rajaratnam Consultant Orthopaedic Surgeon & Director of Orthopaedics

Mr Rajaratnam joined the team in 2018 and is internationally regarded as one of the UK's leading knee surgeons, with a passion for introducing new advances and innovations.

Mr Rajaratnam brings exemplary credentials to the group. He qualified with a First Class degree in Anatomy and an MBBS in 1997, undertaking subsequent training with the Royal College of Surgeons and fellowship training in knee injury treatment in Sydney, Australia.

Mr Rajaratnam was awarded the highly prestigious, Walter Mercer Gold Medal for the best performance throughout Great Britain and Ireland in the final FRCS orthopaedics examination. He has been a Senior Trainer to the London and Kent, Sussex and Surrey Deaneries and trained Specialist Registrars in Orthopaedic Surgery.

Mr Rajaratnam performs amongst the highest number of successful knee replacements on the UK National Joint Registry (around 400 joint replacements each year) and has amongst the lowest revision rates recorded (Source: National Joint Registry - NJR).



Mr Colin Natali Consultant Orthopaedic Surgeon & Director of Spine Surgery

Mr Colin Natali also joined Schoen Clinic in 2018 bringing a wealth of experience and expertise including a past Consultant post at St Bartholomew's and the Royal London Hospitals and being part of the Helicopter Emergency Service, dealing with high energy spinal trauma as well as coping with the increasing demand of the local population's demands for back and neck pain treatment.

In addition, Mr Natali was the Programme Director for the Royal London Hospital Orthopaedic Rotation, having over 30 trainees at any one time on the rotation.

After 22 years as an NHS Consultant, Mr Natali became a full-time independent Consultant helping with private patients. In his search for ever better ways of delivering care, Mr Natali invented a novel system for spinal fusion, that with the help of a surgical company (K2M) became a recognised system of retractors known as "Ravine".

Mr Natali's interest in multidisciplinary care led him to bring over a system of treatment and set up a physiotherapy company which produced research and answers about conservative care for back and neck pain.

Mr Natali is very active in education and gives regular lectures to groups of healthcare professionals. He is a keen advocate of non-operative treatment and is heavily involved in a multidisciplinary approach and regularly provides second opinions for spinal conditions.

He trains Consultants both nationally and internationally in minimally invasive spinal techniques and is actively involved with the design and development of spinal implants and approach techniques with involvement in retractor design as well as innovative models for implants.

World-Renowned Specialists schoen-Clinic London International Patients at Schoen Clinic London World-Renowned Specialists 15



# About Schoen Clinic Group

We're proud to be part of a leading international hospital group with an uncompromising focus on specialisation, quality and clinical outcome measurement.

Founded by the Schön family in Germany in 1985, Schoen Clinic has grown and evolved to become a leading healthcare provider.

The Schoen Clinic model drives quality, value and excellence in healthcare by specialisation, expertise and experience. The Group entered the UK healthcare market in 2018 and continues to excel, invest and innovate in its specialty areas of mental health, eating disorders and orthopaedic and spine surgery. Now treating over 300,000 patients each year (across the 24 Germany and UK hospitals) and employing over 10,000 colleagues delivering highly specialised healthcare.

With a clear Company Purpose to provide the best, individualised specialist care for every patient helping people feel better and recover faster along with a sharp focus on data-backed clinical outcomes, this is a very exciting time of growth and expansion for the group.

## Contact

Schoen Clinic London 66 Wigmore Street London W1U 2SB

**Telephone:** 020 3929 0801

**Email:** lon-international@schoen-clinic.co.uk

**Web:** schoen-clinic.co.uk/london





